
LEARNING HOW TO HAVE DAILY DYNAMIC ENCOUNTERS WITH GOD

00-10 minutes: **Prayer - 1**

- a. Confession of sin.
- b. Reception of cleansing and pardon.
- c. Reception of the Holy Spirit in fulness.
- d. Appropriation of the full power and presence of the Holy Spirit as Author of the Word to lead you into it and teach you.

10-15 minutes: **Bible Reading - 1**

- a. Read the passage through fairly rapidly.
- b. Read the passage through slowly.

15-30 minutes: **Bible Reading - 2**

- a. Read the passage through very very slowly.
- b. Work out the main message of the passage to those who first received that part of Scripture; i.e. the original audience in Bible times. Ask yourself how they understood what the writer was saying. (Short summary of the text)

30-60 minutes: **Bible Meditation**

- a. Work out what the Word of God is saying to you today about: (Analysis of the text)
 - your walk with God.
 - your service to God.
 - your relationship with believers,
 - your relationship with unbelievers,
 - your service to believers,
 - your service to unbelievers
- b. Decide what you will do about specific things about which the Lord has talked to you through His Word. (Application to yourself)

60-75 minutes: **Prayer - 2**

- c. Convert each thing which you saw in the Word into prayer.
- d. Ask the Lord for power to obey Him in all the things that He has shown and commanded you.
- e. Ask the Lord to work out the circumstances that are most conducive to help you to obey Him in the things that He has talked to you about.
- f. Pray for other believers who are facing the same issues that necessitate obedience.

75-90 minutes: **Prayer - 3**

- a. Thank the Lord for His Word to you that day.
- b. Praise Him.
- c. Make petitions to Him.
- d. Intercede for those in authority over you
- e. Intercede for a particular believer or a particular situation.
- f. Pray for any other things that the Holy Spirit has put on your heart.
- g. Thank the Lord again for the time that you have spent in His presence.

NB: Excerpt from the book

Retreats For Spiritual Progress

by Professor Zacharias Tanee Fomum

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